

# *Do Not* **WORRY**

Mathew 6:25-34 // Pastor Doug Hurt





**For this reason I say to you, do not be worried about your life, as to what you will eat or what you will drink; nor for your body, as to what you put on. Is not life more than food, and the body more than clothing?**

**Matthew 6:25**



**No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to one and despise the other. You cannot serve God and wealth.**

**Matthew 6:24**



**But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.**

**Romans 5:8**











What is man that You think of him  
And a son of man that You are concerned about him?  
Yet You have made him a little lower than God,  
And you crown him with glory and majesty!

Psalm 8:4-5

**You have him rule over the works of Your hands;  
You have put everything under his feet,  
All sheep and oxen,  
And also the animals of the field,  
The birds of the sky, and the fish of the sea,  
Whatever passes through the paths of the sea.**

**Psalms 8:6-8**



**And which of you by worrying can add a single day to his life's span?**

**Matthew 6:27**





**Worrying is carrying tomorrows load with today's strength - carrying two days at once. It is moving into tomorrow ahead of time. Worrying doesn't empty tomorrow of its sorrow, it empties today of its strength.**

**Corrie Ten Boom**













**Therefore humble yourselves under the mighty hand of God, so that He may exalt you at the proper time.**

**1 Peter 5:6**



**But seek first His kingdom and His righteousness, and all these things will be provided to you.**

**Matthew 6:33**









**So do not worry about tomorrow; for tomorrow will worry about itself. Each day has enough trouble of its own.**

**Matthew 6:34**

