

A wide-angle photograph of a mountain range. The foreground shows dark, silhouetted mountain ridges. In the middle ground, there are more mountain ranges with some snow-capped peaks visible in the distance. The sky is filled with soft, white clouds, and the overall lighting suggests a bright but slightly overcast day. The text 'HUMILITY AND HELP' is centered over the middle of the image in a large, white, sans-serif font.

# HUMILITY AND HELP

1 PETER 5:5-7 | PASTOR ROGER POUPART



**"You younger men, likewise, be subject to your elders; and all of you, clothe yourselves with humility toward one another, for God is opposed to the proud, but gives grace to the humble. Humble yourselves, therefore, under the mighty hand of God, that He may exalt you at the proper time, casting all your anxiety upon Him, because He cares for you."**

**1 Peter 5:5-7**











