WEEK SEVEN:

GALATIANS 6:1-5

Reflect

Use one or both questions for private reflection and choose one to begin meaningful conversation in your Life Group.

R1 **When you think about growing spiritually, do you tend to see it as something you pursue mostly on your own or alongside others? Why?**

R2 **Think about someone you feel comfortable being honest with. What has helped build that trust?**

Grow in the Word

These questions are designed to guide your personal study or center spiritual conversation in your Life Group. Move slowly, and don't feel pressure to cover every question.

Community Restoration

Paul teaches believers to gently restore someone caught in sin. The goal is not condemnation, but restoration. Yet Paul also warns those offering help to be mindful of their own vulnerability to temptation.

Read Galatians 6:1

G1 **What is your natural reaction when you learn about someone's sin or wrongdoing?**

G2 **What might it look like to restore someone with gentleness rather than judgment?**

G3 **Why do you think Paul cautions those helping others to watch themselves?**

Bearing What's Too Heavy

Paul calls believers to carry one another's burdens, fulfilling the law of Christ. He also warns against thinking too highly of themselves and calls each person to examine their own work and to carry their own load.

Read Galatians 6:2-5

G4 **Paul calls believers to bear one another's burdens in verse 2, yet each person must carry their own load in verse 5. How do you understand these instructions together?**

G5 **How might pride or comparison keep us from bearing one another's burdens?**

G6 **Why do you think Paul connects bearing one another's burdens with fulfilling the law of Christ? See John 13:34-35.**

Practice Together

God never intended us to follow Jesus alone. The early church shared more than beliefs and weekly gatherings. They shared ordinary life together through meals, prayer, worship, and caring for one another's needs.

Read Acts 2:42-47. Ask God for ears to hear, and take a few moments to discuss:

P1 **What stands out to you about the way the early church shared life together? How does this compare with your own experience of Christian community?**

P2 **Is there an area of your life where you've been carrying something alone? What might it look like to invite someone you trust into that part of your life?**

P3 **Who is someone you could intentionally invest in or help carry a burden for this week?**

Pray that God would help your group grow into a community where people are known, loved, and supported. Ask Him for the courage to share your own burdens and the willingness to carry the burdens of others.