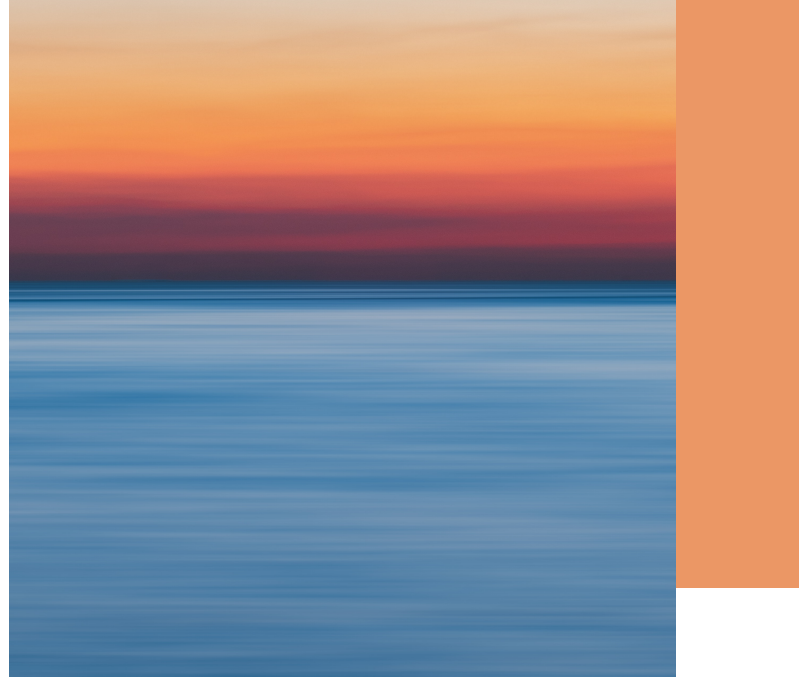


RHYTHMS:

Cultivating Spiritual Habits of Devotion

JULY 24 | 410 CAMPUS



PSALM 98:1-9

Prepare Your Heart & Mind

Begin this time in prayer, confessing any sins you can recall, thanking the Lord for the gift of His Word, and asking for His Spirit to guide you in your time.



Reflect/Connect

- Use these questions for a time of individual reflection or to connect with others in meaningful conversation.

Grow in the Word

- These questions are designed as a guide for individual study and to foster spiritual conversation with a group of people.

REFLECT/CONNECT

- What experience sharing the gospel (or moving towards it) did you have this last week? How might your perspective towards others have changed?
- What comes to mind when you think of the act of singing to the Lord?
- What experience do you have with practicing singing as a spiritual discipline?

GROW IN THE WORD

The psalmist called on his readers to praise the Lord through song and to do so because of God's gracious acts toward his people.

- What "wonderful things" does the psalmist write about in verses 1-3?
- How are these "wonderful things" ultimately fulfilled in Jesus? See Romans 3:21-25 and consider Mary's own song in Luke 1:47-55.
- What has God done for you that deserves a "new song" to be sung? Reflect on moments in your own story when you most vividly remember God's lovingkindness and faithfulness.

The psalmist described the many ways in which this new song ought to be sung and ended Psalm 98 by looking towards a great work of God yet to come.

- How would you summarize how God's people ought to sing in verses 4-6? Take note also of how the psalmist described creation joining in the song in verses 7-9.
- Why does the psalmist call on creation to sing together before the Lord, and how does this encourage you to sing?

GROW IN THE WORD, CONT.

- What might prevent you from singing with the type of abounding, unrestrained joy described in these verses?
- How might looking forward to the fulfillment of our hope in Jesus move you to sing like this?

Cultivating a habit of thoughtful, joyful, and unrestrained song can deepen and strengthen your walk with God.

- How do you want the way that you sing to the Lord to change in light of this passage?
- What next step can you take to fulfill this change?

RESOURCES

HYMNS AND THE JOY OF SINGING

A podcast episode by Crossway Podcast with special guest Kristyn Getty. Host Matt Tully and Kristyn talk about congregational singing, the power of music to teach doctrine, and the role of Scripture as the cornerstone of the Christian life.

- <https://podcasts.apple.com/us/podcast/hymns-and-the-joy-of-singing-kristyn-getty/id1457099163?i=1000486925742>
- <https://open.spotify.com/episode/2Fh0XRqVNZByScymLiyR0D?si=a22dff7749dc4828>

THE UNIFYING POWER OF SINGING

An article by the Gospel Coalition which outlines the role that singing can play to bring unity in a variety of areas. Read on to see how singing has the power to unite believers to one another, to all of creation, and to God himself.

- <https://www.thegospelcoalition.org/article/the-unifying-power-of-singing/>

WORDS OF WONDER: WHAT HAPPENS WHEN WE SING?

Pastor Bob Kauflin writes about the power that singing can have in a believer's life and describes how important singing is to God. Singing has the power to help us remember words important to God, it can help us engage more broadly with our emotions, it can foster unity, and it can point us to songs to come when every tribe, nation, and tongue will sing to Jesus.

- <https://www.desiringgod.org/messages/words-of-wonder-what-happens-when-we-sing>

SING!: HOW WORSHIP TRANSFORMS YOUR LIFE, FAMILY, AND CHURCH

In Sing!, Keith and Kristyn Getty combine theological wisdom, lessons gained by years of experience, and exhortation to produce a treasure of truths and principles designed to reveal the significant role singing plays in spiritual life. Designed for individual or group use, Sing! is a short and readable resource to help believers read about, enjoy, discuss, and sing!

- <https://www.amazon.com/Sing-Worship-Transforms-Family-Church/dp/1462742661>