

# RHYTHMS:

Cultivating Spiritual Habits of Devotion

JULY 17 | 410 CAMPUS



## MATTHEW 28:16-20

### Prepare Your Heart & Mind

Begin this time in prayer, confessing any sins you can recall, thanking the Lord for the gift of His Word, and asking for His Spirit to guide you in your time.



### Reflect/Connect

- Use these questions for a time of individual reflection or to connect with others in meaningful conversation.

### Grow in the Word

- These questions are designed as a guide for individual study and to foster spiritual conversation with a group of people.

## REFLECT/CONNECT

- In what ways did your time in God's word change this last week, and what difference did it make?
- How confident are you in your ability to share the gospel with a non-Christian?
- What thoughts, fears, or expectations make it challenging to share your faith?

## GROW IN THE WORD

Rather than believing in a story that denied Jesus' resurrection, Jesus' followers went to Galilee to see him for themselves. Matthew records the disciples' initial reaction to seeing the resurrected Jesus.

- How would you explain the two ways that the disciples reacted to seeing Jesus in verse 17?
- How does the disciples' reaction to worship reveal whom they believed Jesus was? See Exodus 34:14; Luke 4:8; Revelation 22:9.
- How would you expect Jesus to respond to the disciples who doubted?

Jesus gives the same word to those who worshiped fully as to those who had doubts, proclaiming his authority, his deity, and his everlasting faithfulness to those who would follow him.

- What does it mean that Jesus has "all authority in heaven and on earth"? Take note of Daniel 7:13-14 and Matthew 11:27.
- How might Jesus' proclamation in verse 18 have given heart to both those who fully worshiped and those who doubted?
- How would you put Jesus' command in verses 19-20 into your own words? Take note of each element of his instructions.





## ENGAGE WITH THE WORLD

Matthew 28:16-20 records Jesus' final instructions to his followers: to spread the gospel and make disciples throughout the entire world.

- How do these truths about Jesus and his promise to be with you encourage you to accept his call to make disciples?
- What gives you the most motivation to share your faith?
- Who in your life can you plan to engage with in intentional, gospel-driven conversation about Jesus and your faith in him?

# RESOURCES

## **How to Share the Gospel for All to Hear**

A podcast episode by the Gospel Coalition explains how community and experience can be powerful factors in leading people to believe in the gospel's truth. Sam Chan discusses how shared experiences, friendship, and conversation has helped people hear and understand the gospel in his life.

<https://open.spotify.com/episode/1fkxHiOT7ea0YAw0pvn1ik?si=d617e76292e94197>

## **Preparing Your Personal Testimony**

A concise article by Cru (formerly Campus Crusade for Christ) that gives readers simple and concrete steps to take in order to prepare and share their own story of how they became a follower of Jesus.

<https://www.cru.org/us/en/train-and-grow/share-the-gospel/evangelism-principles/preparing-your-personal-testimony.html>

## **The 3 Circles Presentation**

A brief video in which Jimmy Scroggins, pastor, and creator of the 3 Circles method, presents the 3 Circles from beginning to end. In just four minutes, watch to learn how you can share the gospel simply and clearly with those around you. <https://vimeo.com/227782208>

## **North American Mission Board, 3 Circles**

A website that provides various resources related to sharing the gospel via the 3 Circles method. Find helpful guides, videos, and an iPhone app, and hear stories from those who came to faith in Jesus through 3 Circles.

<https://www.namb.net/evangelism/3circles/>

## **The Master Plan of Evangelism**

Perhaps one of the most influential books ever written on the topic of making disciples, Dr. Robert Coleman points readers to seek the Scriptures in order to answer the question: what was Jesus' strategy for making disciples? Coleman answers the question with eight principles drawn from the life and practice of Jesus as revealed in the four gospel accounts. [https://www.amazon.com/Master-Plan-Evangelism-Robert-Coleman-ebook/dp/B008FZ3YZU/ref=sr\\_1\\_1keywords=the+master+plan+of+evangelism&qid=1657573053&s=books&srefix=the+master+plan+of+e%2Cstripbooks%2C107&sr=1-1](https://www.amazon.com/Master-Plan-Evangelism-Robert-Coleman-ebook/dp/B008FZ3YZU/ref=sr_1_1keywords=the+master+plan+of+evangelism&qid=1657573053&s=books&srefix=the+master+plan+of+e%2Cstripbooks%2C107&sr=1-1)

## **Family Discipleship: Leading Your Home through Time, Moments, and Milestones**

Pastors Matt Chandler and Adam Griffin help readers create a sustainable rhythm of gospel-driven discipleship in the areas of time, moments, and milestones. Filled with practical suggestions, plans, and Scripture, Family Discipleship will equip readers to develop a special plan for their families as they raise up their kids to love and follow Jesus. [https://www.amazon.com/Family-Discipleship-Leading-through-Milestones/dp/143356629X/ref=tmm\\_hrd\\_swatch\\_0?encoding=UTF8&qid=1657571273&sr=8-1](https://www.amazon.com/Family-Discipleship-Leading-through-Milestones/dp/143356629X/ref=tmm_hrd_swatch_0?encoding=UTF8&qid=1657571273&sr=8-1)

## **Gospel Fluency: Speaking the Truths of Jesus into the Everyday Stuff of Life**

In Gospel Fluency, Jeff Vanderstelt encourages and equips readers to speak the truths of Jesus into the everyday stuff of life through biblical insight, practical wisdom, and compelling stories. By rehearsing it and immersing in its truths, any Christian can become gospel fluent and begin to see how everything in life can be transformed by the hope of the gospel.

[https://www.amazon.com/dp/1433546035/ref=cm\\_sw\\_em\\_r\\_mt\\_dp\\_2H4SY2GZKVWFN229T6EJ](https://www.amazon.com/dp/1433546035/ref=cm_sw_em_r_mt_dp_2H4SY2GZKVWFN229T6EJ)

## **T4T: A Discipleship Re-Revolution by Steve Smith and Ying Kai**

T4T retells the story of the world's fastest church planting movement, catalyzed by an outreach and church planting program called Training for Trainers (T4T) developed by Ying and Grace Kai. Steve Smith describes how T4T's principles can be applied to your life and ministry in a process that has been seen as effective in reproducing communities of faith and bearing fruit all over the world.

[https://www.amazon.com/dp/0974756210/ref=cm\\_sw\\_em\\_r\\_mt\\_dp\\_N8NW1ZEXCKGEAS86SWE8](https://www.amazon.com/dp/0974756210/ref=cm_sw_em_r_mt_dp_N8NW1ZEXCKGEAS86SWE8)