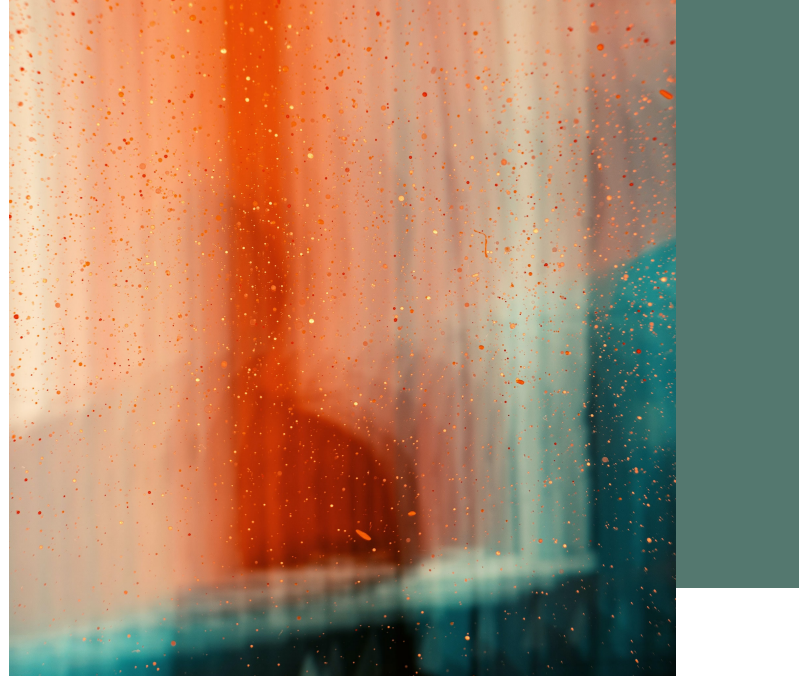


# RHYTHMS:

Cultivating Spiritual Habits of Devotion

JULY 10 | 410 CAMPUS



## COLOSSIANS 3:16

### Prepare Your Heart & Mind

Begin this time in prayer, confessing any sins you can recall, thanking the Lord for the gift of His Word, and asking for His Spirit to guide you in your time.



### Reflect/Connect

- Use these questions for a time of individual reflection or to connect with others in meaningful conversation.

### Grow in the Word

- These questions are designed as a guide for individual study and to foster spiritual conversation with a group of people.

## REFLECT/CONNECT

- How did you pursue "rest" this last week, and what difference did it make?
- What does it typically look like for you to spend time in God's word?
- How confident are you in your ability to study and understand the Scriptures?

## GROW IN THE WORD

The apostle Paul urges the Colossians to dress themselves with practices that align with their new identity in Jesus. Specifically, in verse 16, Paul instructs his readers to allow the word of God to make a home within them.

- What does it mean for the word of Christ to "richly dwell" within? Take note of how the same English word "dwell" is used in Col. 1:19; 2:9.
- What's the significance of Paul using this language to describe God's word in relation to the Christian? Why does it matter?
- What might it look like practically to let God's word richly dwell within you?

As the word of God richly dwells in the believer, it leads to wisdom, teaching, admonishment, song, and gratitude.

- What does this imply about how a Christian should live?
- What might the "one another" activities in verse 16 look like in daily practice?

## GROW IN THE WORD

Cultivating a habit of reading, studying, meditating, and memorizing God's word deepens our need for, knowledge of, and joy in Jesus.

- In what ways do you want the time you spend in God's word to change in light of this passage?
- What lies, temptations or distractions prevent you from investing time and energy in God's word?
- What can you do to create better rhythms that prioritize God's word in your life?

# NOTES

Use this page for sermon notes, prayer requests, or additional notes on the passage from your study.