

RHYTHMS

CULTIVATING SPIRITUAL HABITS OF DEVOTION



Ephesians 5:15-17 // Pastor Jason Uptmore

RHYTHM

Strong, regular, repeated pattern of movement



EPHESIANS 5:15-17

Therefore, be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. So then do not be foolish, but understand what the will of the Lord is.



BE CAREFUL HOW YOU WALK



MAKE THE MOST OF YOUR TIME



UNDERSTAND GOD'S WILL FOR YOUR LIFE



