

HEBREWS 12:1-3

1. In Hebrews 12, the author concludes the basic argument of the epistle with a final admonition. He has just been discussing the life of faith and the "hall of faith" in Hebrews 11 and he now gives another call for perseverance.

Since we do have a great cloud of Old Testament witnesses, what are we to do as believers?

What are we to lay aside?

Are there other obstacles or added weights (burdens) that may not necessarily be sins but are making perseverance in the spiritual life difficult for you?

2. Who is the supreme Model for running with perseverance (*hypomones* in the Greek)? How did He display this? What should we do if we feel like losing heart, quitting the race, or giving up the fight in the spiritual life?
3. How is Jesus both the author (pioneer) and perfecter of our faith?
4. How did Christ keep His eye on the joy set before Him? How are we to keep our focus on Christ? What happens when we take our eyes of faith off of Him? (read Matthew 14:28-31)
5. How is the Christian life more of a marathon than a sprint? How are we to finish our race well?
6. How did Christ endure the Cross and scorn or despise its shame? Jesus then assumed a triumphant position at the right hand of the throne of God.
7. Why does the author of Hebrews say that the Hebrew believers should consider the opposition that Jesus confronted and endured from sinful men? What will that do for us as believers today?
8. How does meditating upon Jesus, the Cross, and His promises encourage us to continue to follow God's will faithfully in the midst of trials?
9. What other lessons or take-aways did you receive from this week's message?