



### **Packing List**

- Pillow
- Sleeping bag/Twin sheets and/or a blanket
- Bible
- Pen
- Wristwatch
- Full water bottle (with your name on it)
- Deodorant
- Toothbrush and Toothpaste
- Towel
- Soap and shampoo
- Casual Clothing for each day
- Appropriate sleepwear
- Recreational/Active clothes (clothes that can get dirty)
- Flashlight/headlamp
- Closed toe, closed heel tennis shoes
- A positive attitude and heart

### **Leave at Home**

- Bad attitude/stresses (remember we're breaking up the crazy)
- Dog leg reamers

### **Cell Phone Policy**

Phones will be collected each night by an adult in the bunk house and given back in the morning. We're not responsible for lost or stolen phones. Students will be responsible for charging and keeping track of their own phones should they choose to bring them. If they are a distraction at any time, they may be taken and given back at the end of the retreat.