PART TWO

Philippians 2:5-11 // September 18



Prepare Your Heart & Mind

Begin this time in prayer, confessing any sins you can recall, thanking the Lord for the gift of His Word, and asking for His Spirit to guide you in your time.



Reflect/Connect

 Use these questions for a time of individual reflection or to connect with others in meaningful conversation.

Grow in the Word

 These questions are designed as a guide for individual study and to foster spiritual conversation with a group of people.

REFLECT/CONNECT

 In what ways were you encouraged by last week's study?

• How would you define or describe humility?

• What are some heart issues or societal norms that move us away from humility?

GROW IN THE WORD

Paul pointed to Christ as an example of what it looked like to have an attitude of
humility. In doing so, he reminded the Philippians that his exhortations were perfectly
modeled by and carried out in Jesus.

•	How does this passage connect to Paul's flow of thought in the preceding verses (1:27-30; 2:1-4)?
•	How do you see Jesus' incarnation and death on the cross (v. 6-11) fulfilling the commands that Paul laid out for the Philippians in the preceding verses?
	perhaps the most important section of his letter to the Philippians, Paul described the carnation and humility of Jesus (v. 6-8).
•	What does it mean that Jesus "emptied himself"? Does it mean that Jesus gave up his deity? See Matthew 24:36; Luke 2:52; John 1:1-3, 14; 17:5; Colossians 2:9.
•	What do you learn about Christ's nature in these verses, and how does add impact to his example of humility?

• How does Jesus' example of humility motivate you towards humility?

GROW IN THE WORD

Paul explained that because of Jesus' humble submission to death on a cross, God exalted him to the height of glory, glory that would be recognized by every knee and every tongue (v. 9-11).

• In what way does Jesus' exaltation and place of authority encourage you to follow him more devotedly?

• How do you want your thoughts, feelings, actions, or attitudes to change in light of this passage?

SERIES RESOURCES

OVERVIEW: PHILIPPIANS

An animated video by the Bible Project provides a thorough overview of the book of Philippians. The video offers a great summary of the book while emphasizing that every Christian's story can be an expression of Jesus' ultimate story.

• https://bibleproject.com/explore/video/philippians/

INTRODUCTION TO PHILIPPIANS

A fundamental introduction to the book of Philippians from the ESV Study Bible. Get a quick synopsis of the book's background to help you gain a better understanding of the book of Philippians as a whole.

• https://www.esv.org/resources/esv-global-study-bible/introduction-to-philippians/

PHILIPPIANS: A COMMENTARY BY THE GOSPEL COALITION

A free, downloadable commentary of the entire book of Philippians. This commentary offers background material and a section-by-section commentary of the entire book.

• https://www.thegospelcoalition.org/commentary/philippians/

BE JOYFUL: EVEN WHEN THINGS GO WRONG, YOU CAN HAVE JOY BY WARREN WIERSBE

A timeless resource by one of this generation's most trusted teachers, Be Joyful gives readers invaluable insights into the history, meaning, and context of Philippians. This new version includes study questions at the end of each chapter to aid readers in reflection and application.

 https://www.amazon.com/Be-Joyful-Philippians-Things-Commentaryebook/dp/B005MT7WSC/ref=tmm_kin_swatch_0?
encoding=UTF8&qid=1659553546&sr=1-19

LIFE LESSONS FROM PHILIPPIANS: GUIDE TO JOY BY MAX LUCADO

A guide through the book of Philippians by pastor and author Max Lucado that offers its readers thoughtful questions, encouraging stories, and reflections to dig deeper into God's Word. Lucado unpacks Paul's letter to the young church emphasizing Paul's focus on living a life full of joy, peace, and contentment even in the midst of trouble.

 https://www.amazon.com/Life-Lessons-Philippians-Max-Lucadoebook/dp/B077Y2F619/ref=tmm_kin_swatch_0?
encoding=UTF8&qid=1659553546&sr=1-18