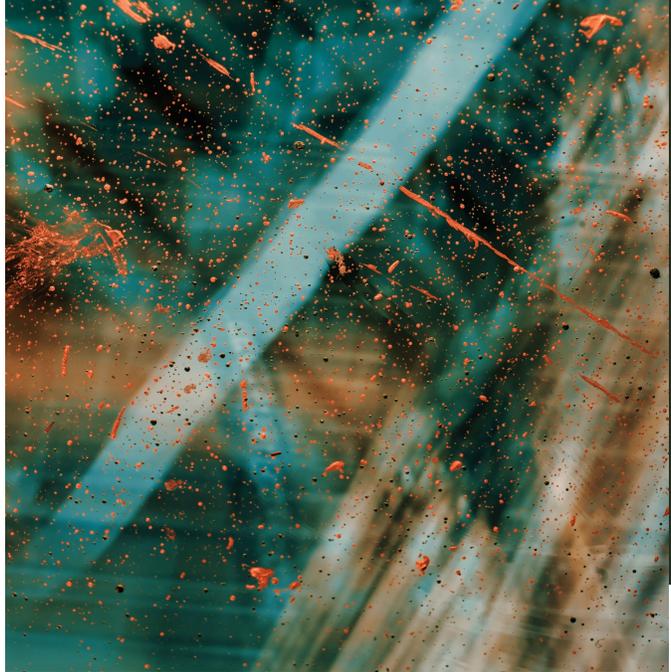


# RHYTHMS:

Cultivating Spiritual Habits of Devotion

JULY 24 | STONE OAK CAMPUS



## COLOSSIANS 3:14-17

### Prepare Your Heart & Mind

Begin this time in prayer, confessing any sins you can recall, thanking the Lord for the gift of His Word, and asking for His Spirit to guide you in your time.



### Reflect/Connect

- Use these questions for a time of individual reflection or to connect with others in meaningful conversation.

### Grow in the Word

- These questions are designed as a guide for individual study and to foster spiritual conversation with a group of people.

## REFLECT/CONNECT

- What experience did you have with fasting this last week, and what difference did it make?
  
- What typically comes to mind when you think about worship?
  
- What is a moment in your life when you experienced closeness to God in worship? Describe what you think made this moment special.

## GROW IN THE WORD

The apostle Paul urges the Colossians to dress themselves with practices that align with their new identity in Jesus emphasizing acts of unity, gratitude, and Lordship to Christ.

- How would you summarize the different practices that Paul describes in these verses?
- What does it mean to "let the peace of Christ rule in your hearts"? See Jesus' words in John 14:27.
- What does it mean for the word of Christ to "richly dwell" within? Take note of how the same English word "dwell" is used in Col. 1:19; 2:9.

Paul characterizes Christian practice with language describing complete submission and gratitude to Jesus.

- What's the significance of Paul using language like "rule" and "dwell" to describe the "peace" and "word" of Christ in relation to the Christian?
- How does Paul's command in verse 17 challenge what we typically consider to be sacred and spiritual versus secular?
- How would you redefine worship in light of these verses?





# NOTES

Use this page for sermon notes, prayer requests,  
or additional notes on the passage from your study.